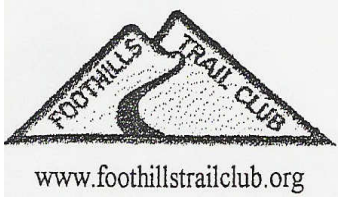


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The Foothills Trail Club

TALES

September 2009

The deadline for submitting articles for the November issue is October 1st.

TO OUR READERS:

WE'RE GOING GREEN!

PLEASE HELP!!

At our last board meeting we had a discussion about sending the TALES, our newsletter, via email. Beginning in January 2010 the TALES *will only be available by e-mail*. This will save the club money spent on postage and paper (Save a Tree). This will help us 'go green.' In addition, the cost of the TALES printing and mailing is the major budget expense. We hope to keep the cost of dues at its present level and utilizing e-mail will help achieve that goal. If you have an email address please forward it to Roy Tocha at rretocha@yahoo.com. Please be assured that your e-mail address will be used only for delivering the TALES and club business and will be made available to NO ONE else. We realize that some of you do not have e-mail addresses; please send a note to Roy Tocha with your mailing address if you wish to continue receiving the TALES. Thank you for your assistance.

Please help and I hope to see you on the trail... the Editor

MEMBERSHIP APPLICATION OR RENEWAL FORM

Membership dues are \$17 per individual or \$20 per family per year. Dues can be paid in advance for subsequent years. Dues entitle you to an e-mailed copy of the bi-monthly Tales/hiking schedule and the accumulation of miles hiked and/or work party hours for award of bunion badges.

PLEASE PRINT LEGIBLY

NAME(S) _____

ADDRESS _____

PHONE (optional) _____

E-MAIL (necessary) _____

Please check:

___ \$17.00 Individual Membership per year for ___ year(s) \$_____

___ \$20.00 Family Membership per year for ___ year(s) \$_____

___ Donations gratefully accepted for upkeep of the Conservation Trail.

\$_____

Total Enclosed

\$_____

Make checks payable to: **Foothills Trail Club**

Send this form and check to the Membership Chair: **Roy Tocha**
11 N Eaglecrest Dr
Hamburg, NY 14075

Editor's note: It is likely that if some members choose to receive the Tales by U.S. Postal Service mail delivery that membership rates for those individuals will increase between five and ten dollars annually. The exact amount will be determined at our January 2010 Board of Director's meeting.

Yahoo!

To become a member of the Yahoo trails news group go to: www.Yahoo.com , click on Groups (blue lettering) and type "foothillstrailclub" into the search box. When asked for your info complete as little as you wish to become a member. There is no cost to you and you can get and post the latest information available about trail issues.

Disclaimers

As a courtesy to our members we frequently provide information about events sponsored by other organizations. Unless published in the Foothills Trail Club schedule these events are not FTC outings. They are merely items of interest and anyone wanting more information should contact the appropriate organization.

President	VACANT				
Vice President	VACANT				
Meeting Facilitator	Annette Brzezicki	239 Poinciana Pkwy	Cheektowaga 14225		Anet42brz@roadrunner.com
Membership Chair	Roy Tocha	11 N Eaglecrest Dr	Hamburg 14075		rretocha@yahoo.com
Program Co-Chair Weekend Hikes	Kathy Foote	349 Wimbledon Ct.	W. Seneca 14224		KMF349@aol.com
Program Co-Chair Weekend Hikes	Linda Parlato	13418 Quaker St.	Collins 14034		Linparlato@aol.com
Program Chair Tuesday Saunters	Penny Ferguson	33 Niagara Shore Dr	Tonawanda 14150		whfpsf@aol.com
Program Chair - Wed -Mini-hikes (May/Jun)	Marie Schillo	288 Highgate Ave	Buffalo 14215	832-1921	
Program Chair - Wed -Mini-hikes (July/Aug)	Gayle Syty	70 Pheasant Run Rd	Amherst 14228	691-6750	
Trails Administrator	Mike Schlicht	11 Hedge Ct	Snyder 14226		pageazi@yahoo.com
Trail Steward Coordinator - North	Richard Gastauer	107 Meadowstream	Snyder 14226		rgastauer@verizon.net
Trail Steward Coordinator - South	David Potzler	PO Box 19	West Falls 14170		dpotzler66@wildblue.net
<u>Tales</u> Editor	Quinn Wright	3 Roberts Ave.	Buffalo 14206		wrightquinn@hotmail.com

Save the Dates for 2009 - 2010:

September 29 th	Foothills meeting Gander Mountain @ 6:30 PM - all are welcome
October 16-17-18	Foothills hosting Finger Lakes Fall weekend - http://www.fingerlakestrail.org/
October 31 st	Foothills Halloween Potluck @ Boston Valley Conservation Society - doesn't this sound like A "HOOT" - see this issue
November 24 th	Foothills meeting Gander Mountain @ 6:30 PM - all are welcome
January 29-30-31	Winter Weekend in Allegany State Park with Triple Cities Hiking Club from Binghamton, NY

Upcoming events

Finger Lakes Fall Camp-out **October 16th-17th-18th** **Allegany State**
Don't forget to register for the Fall Camp-out which is being hosted by Foothills Trail Club on the weekend of October 16th-17th-18th in Allegany State Park. . Registration and activity details can be seen on the Finger Lakes Web site - <http://www.fingerlakestrail.org/> .
Scroll down to the Fall Campout. Helpers are needed to lead and sweep hikes. Please contact Annette at anet42brz@roadrunner.com or 685-2183.

Fall Potluck and General Meeting **October 31st** **Boston Valley Conservation Society**
Barb Morrissey will again head up the food part of our Fall Potluck - so you may want to drop off your potluck surprise before heading out for the hike. The building has stove, refrigerator, running water & bathrooms.

Direction - from Buffalo - take 219 south to Rice Road exit. Turn right onto Rice Road to 1st the stop sign - Zimmerman Road. Turn left onto Zimmerman and travel approximately 1 mile - Boston Valley Conservation Society will be on your right.

White Elephant Sale - bring gently used/unused hiking or camping related items to sell. All proceeds donated to Foothills general fund.

Setup and cleanup helpers are needed. - Please plan on helping out.

Fee - A donation of \$3.00 per person covers the cost for the building and supplies

Hike - 10:00 AM - Our Hike leader again this year will be Sherry Schleede - 941-5172. The hike will be approximately 5 miles around the area. It may be muddy so be prepared and bring extra clothes/shoes.

Potluck meal - The meals will be available after the hike - approximately 1 PM.

General meeting - Please plan to stay and participate in the club's decision-making at the meeting which will begin at approximately 2PM.

Help Wanted

- President - Presently VACANT, but Annette has functioned as such even though calling herself the "meeting facilitator." Annette Brzezicki is stepping down at the end of the year. We need someone to step up to take this task if our club is to remain vital. Annette's leadership efforts have helped elevate Foothills to one of the most highly respected hiking clubs in NYS. Plans meeting agendas and runs the Board meetings. Oversees all other tasks to ensure that they are being accomplished. Communicates club information to Tales editor. This is NOT a big job.
- Vice-President - long VACANT because Annette has done such a yeoman's job of facilitating our club. A president and a vice-president to replace one Annette are not too much to ask. Main job is to recruit people for the various club tasks. Arranges for meeting location.
- Secretary - after many years of service Sally Castren is stepping down at the end of the year. We really need some new leadership.
- Landowner Relations Coordinators- Mary Domanski will continue to look after maps 1 - 4. Annette Brzezicki will work with additional landowners on maps 5 & 6. Pat Haynes will look after map 7. Anyone who would like to become a landowner relations coordinator for any or all of maps 8-12 please contact Annette Brzezicki - 685-2183.
- Trail Steward - There are several trail steward and assistant openings on Maps 1 - 12. If you are able to take on a section, please contact Dave Potzler at dpotzler66@wildblue.net or 949-3295 or Richard Gastauer at r.gastauer@verizon.net or 839-4644
- Major trail work project manager - we need someone to plan major projects such as our last three Alley Cats or a lean-to or any major construction job. This person takes care of all of the little details such as housing, food, funding, finding volunteers, project assessment. Contact Quinn Wright at 826-1939 or wrightquinn@hotmail.com if you want to volunteer for this job or to ask questions. Part-time job only as needed.
- Major events planner - we need someone to plan major events such as the upcoming Finger Lakes Annual Fall meeting at Camp Turner, Foothills annual dinner meeting, and Foothills annual potluck. This person takes care of all of the little details such as housing, food, funding, finding volunteers, plan hikes, advertising. Contact Kathy Foote at 675-3989 or KMF349@aol.com if you want to volunteer or to ask questions. Part-time job only as needed.
- Membership - please recruit new members!! A club eventually fails if there is not a steady influx of new membership. If you have not renewed your membership, please do so as soon as possible. Size matters!! - the bigger the membership, the easier it becomes to manage the club and maintain the trail.
- Fall Weekend Helpers- HELPERS WANTED - many hands needed to make this a successful weekend. Contact Annette Brzezicki - anet42brz@roadrunner.com - (716) 685-2183 or Cheryl Peluso - cherylp17@verizon.net - (716) 648-9027 to help

Help Wanted Continued

Editor's note: An organization such as Foothills Trail Club can only survive if its members freely and regularly volunteer to help. We have been in existence for many years because of the legacy of such volunteerism. We have many volunteers who help in so many ways. But our legacy is threatened if we do not find volunteers for the list of job openings that we currently have. Over the past year the list has been getting longer. I, for one, am becoming concerned about the long-term viability of the club if these mostly small time-commitment jobs do not get filled by our membership. The job of President is not the only task that Annette has been doing. So, our "Help Wanted" list includes those jobs as separate items. Most of those other jobs are occasional in nature, on an as-needed basis. For example, the major project manager may not come into play until 2011 when we will need to plan and coordinate another Alley Cat project to build a shelter near Holland. Please VOLUNTEER for one of these jobs.

In Annette's words, "being coordinator (President, meeting facilitator) for the club is a fun and easy job. This is a very rewarding job and does not take much time at all. Think of taking one of these positions as giving back to the club and the trail. New faces and new ideas have kept our club together all these years. With your help we can continue on for many more years. If you have any questions or concerns please let me know."

716/685-2183 or anet42brz@roadrunner.com

A small biography about the founder of the Conservation Trail: Mabel James

- ❖ 1886 Born in Connecticut
- ❖ 1909 Graduated from Mount Holyoke College - roommate of Edith Pratt
- ❖ 1918 Moved to Ithaca, NY to help raise Pratt family children
- ❖ 1926 Moved with Pratt family to South Wales, NY
- ❖ 1938 Moved with Pratt family to Main St., Holland, NY
- ❖ 1939 Founded Conservation Forum of New York State
- ❖ 1944 Wedding planner for Esther Pratt (eldest of Pratt children) to Elmer Becker of Canada St., Holland, NY
- ❖ 1950's Originated 1st Conservation Caravan
- ❖ late 1950's -1960 Founded Conservation Trail. Laid out Vermont Hill Road Section with the assistance of Boy Scout, Dennis Becker, son of landowners Elmer & Esther (Pratt) Becker
- ❖ 1974 Died

Other Achievements

- ❖ Research Associate in Conservation - Buffalo Museum of Science
- ❖ Honorary Doctorate, Houghton College
- ❖ Led fight to save Moss Lake, Houghton, NY
- ❖ Met with Eleanor Roosevelt at Hyde Park, NY
- ❖ Published the bulletin, This Week Outdoors
- ❖ Director of Refuge Research, Beaver Meadow Wildlife Refuge, Java, NY (Naturalist's residence is named in her honor)

Holland Ravines" - not what they used to be!

By Quinn Wright

Unbelievable, simply UNBELIEVEABLE! Who would have thought that this once arduous section of the Conservation Trail on Map 6 between Access points 4 and 7 would now be termed moderate? Three straight Alley Cat crews have literally transformed this eight-mile stretch into a very pleasant and beautiful walk through the hills of Holland. The ravines have become a "pleasing and beautiful sight to behold" rather than an "intimidating and sometimes threatening sight to endure."

The quality of the work experience could not have been achieved without the attention to detail and careful planning of the project manager, Annette Brzezicki, and the construction manager, David Potzler. This year's crew continued the truly amazing volume and quality of work that had been achieved in the prior two years.

The benching, wooden step and re-route crews (Georgianna Binder, Annette Brzezicki, Deb Brzezicki, Mary Domanski, Kathy Foote, Patti Foote, Helen Fredericks, Marion Hanover, Pat Haynes, Alan Hess, Kate Matthews, Pat Monahan, Melanie Okoniewski, Gus Phillips, Sherry Schleede) built and installed 160 steps of wood, two re-routes, countless benching and stepping stones.

The remarkable stone steps built and installed by David Potzler and Mark Hittle enabled the viewing of a small waterfall to remain a treasure for hikers of the trail. The Bob-Rob-Bob of Pittsford bridge construction team built two bridges. Special thanks to Bob Emerson, Bob Kremens and Rob Vlosky who traveled to Holland to build these bridges and to clear felled-trees from the trail.

Again this year four sets of ladder stairs and "Marshall" (household) stairs were built under the leadership of Frank Occhuito with the able assistance of Ed Olesky, Ben Petryszak, Gus Phillips, and Mike Schlicht.

I would be remiss in not recognizing those people who ensured that we were properly fueled with food and drink. The food was absolutely phenomenal!! All of us who were blessed with the food at the end of a hard day's work thank Anne Beiter, Kathy Boni, Ann & Bill Curry, Pat Haynes, Kathy Laynor, Jean Moog, Barb Morrissey, Gloria Potzler, Carol Racey, Shari Senefelder, Connie Umland and Tara Welty. Liquid refreshments were donated by Linda Ruckdeschel who is one of our very thoughtful landowners, David Potzler, and an anonymous source.

And most significantly, this work could not have been accomplished this year without the help of the landowners upon whose property this section of trail is located. We who maintain and

hike the Conservation Trail salute the landowners who provided alternate access to the work sites: John Bathrick, Norbert Bennett, James Joyce, Mike Kasprzyk, Paul Kubicki, Ron Pilkington, Rex & Michelle Webber.

Finally, it is worth noting that this three-year project changed the access to nine ravines, eliminated five ravines by clearing reroutes, and repaired or improved the trail in many other areas. The total number of man-hours for work and travel was 2004 hours! At federal standards for grant writing purposes that is \$39,098.04. Material costs for this three-year project totaled about \$6200. None of these figures include the several hundred administrative hours required to plan and oversee this project from the following people: Annette Brzezicki, Dave Potzler and Mike Schlicht who planned these projects, and Lynda Rummel who helped evaluate the projects, secure funding and provide trail-construction training, and Donna Flood who worked on securing funding by writing and applying for grants. This year's expenses were approximately \$2100. An American Hiking Society grant covered two-thirds of that expense; and hiking enthusiasts generously donated the balance. Everyone involved with this project over the last three years should be very proud of the work that was accomplished.

It is very interesting to read Joe Dabes' (the Finger Lakes Trail Conference mapping guru) comments when he was remapping Map 6 of the Conservation Trail after the first two Alley Cat projects and before this year's Alley Cat. He will need to return because of the re-routes and I anticipate even more enthusiastic comments. Joe's comments follow:

"Well, today was my third day of re-GPS-ing the CT; it was the map CT 6 infamous Holland Ravines section. But what a surprise! ...most wonderful steps and switchbacks on most of the formerly dreaded ravines that I hiked and GPS-ed six years ago. What an incredible amount of work was done; nothing like I've seen on any other part of the FLT! Hiking up and down all those ravines was now a joy. Many thanks to the Alley Cat crews and Foothills Trail Club for all their work."

The Foothills Trail Club thanks Joe Dabes for his comments.

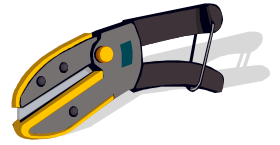
Trail Work Dates:

NORTH-Richard
rqastauer@verizon.net
839-4644
Sep. 12
Oct. 10

SOUTH-Dave
dpotzler66@wildblue.net
949-3295
Sep. 26

As all of you know our constitution states the purpose of our club is to "build and maintain trails." The trail really needs our help - annually and regularly. Nature and man take a heavy toll on the condition of the trail. Please contribute to this VITAL work.

ONE HOUR OF TRAIL WORK EQUALS 4 MILES HIKED - YES, 1 hour equals 4 miles. So why not come out and do some trail work and build up those bunion badge miles.



Third Annual Conservation Trail Fund Appeal



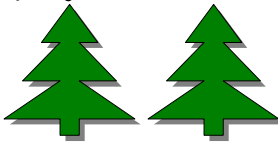
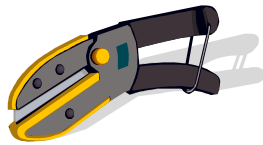
Dear friends and fellow hiking



club members:

We know how much being a member of this club has enriched our lives. We have met people and been places we never would have on our own. There have been many laughs and conversations, some heavy and some light hearted. Sharing a love of hiking with other like-minded people has been a wonderful experience for us. And how did this all start? Some outdoor enthusiasts who liked hiking in the woods thought, 'We need a trail!', and they built it. The Conservation Trail came out of such a humble start and affected many lives then as well as now. If you, like us, feel a sense of wanting to continue this legacy please consider giving a donation to the Third Annual Conservation Trail Fund. The dollars set aside in this fund will be used only for the good of the trail. We do not want this request to be a burden. Rather it is an invitation to join us in the task we have inherited: maintaining the Conservation Trail!

Again this year we are doing projects



along the Conservation Trail in partnership with the Finger Lakes Trail Conference. If you want to contribute to this project, send your check to:

FLTC, 6111 Visitor Center Road... and mark Conservation Trail in the memo section. The Finger Lakes Trail Conference is a not-for-profit 501 (c) (3) organization and your contribution to the FLTC is tax deductible.

Foothills is not a 501-c-3 organization. If you do not want to claim a deduction for charitable contributions on your income tax form, please make your check payable to Foothills Trail Club. Then complete this form and mail it along with your check to:

Sandy Warner, 5200 Bank Street, Clarence, New York 14031

Your name: _____

Amount: \$ _____ \$5 \$10 \$15 \$20 \$30 \$40 \$50 \$100 \$500 \$750 \$1000

Miscellaneous

Foothills Trail Club and Re-Tree WNY

Most of us have heard or read about the Re-Tree WNY's efforts to plant new trees to replace those destroyed in the October Storm. Several organizations have taken on the responsibility for planting trees in various parts of WNY. Buffalo ReUse, a great grassroots organization dedicated to reusing Buffalo homes slated for demolition, is coordinating a planting weekend on November 7th and 8th on the East Side of Buffalo. I would like to put together a crew of 10 -12 Foothill members to help with the planting.

I don't as yet know all the details for this particular weekend, but wanted to know if there is any interest from Foothills Trail Club members to form a crew. In May of this year I joined a church group planting trees in Amherst. There were about 12 members in our crew and we planted 2 dozen trees in 3 - 4 hours. The trees were bare root and weighed very little so even the least hardy member was able to pick one up and move it. We dug holes for the trees, leveled them and back filled the hole, cleaned up the area and moved on to the next designated spot. The most difficult job belonged to the person pounding in the stabilizing stakes.

If this sounds like something you would be willing to commit to, please contact me No Later Than September 30th so I can determine what type of arrangements need to be made based on the number of volunteers. Kathy Laynor 836-4270 or krinkegenie@live.com.

Foothills Trail Club Tool Inventory

As with any organization depending on volunteers to "get 'er done" when maintaining trails we need to periodically inventory our assets and determine what we have and what we need. I'm in the process of determining what we have. To that end I need the help of everyone with club-supplied tools/equipment. If you are in possession of any club equipment: brush hogs, grass cutters, loppers, pruners, saws, rakes, painting supplies, etc., please contact Kathy Laynor at 836-4270 or krinkegenie@live.com.

I will contact each steward in the next few weeks for a list of tools/equipment in their possession. To simplify the process I'm asking for your assistance via the Tales to ensure I don't miss anyone and to request anyone assisting with trail maintenance and in possession of club equipment to contact me. Also, past stewards/assistants may have some forgotten tools they no longer use. Let me know and we'll make arrangements to get them back into use. Thank you for your time and commitment to the trail.

P.S. If you are using the tools/equipment for trail maintenance we don't want to collect them, we just need to know where they are.

**FOOTHILLS TRAIL CLUB
HIKING SCHEDULE
Sep/Oct 2009**

1-Leisurely pace or Nature walk
2- Moderate pace
3- Brisk, steady pace
4- Fast pace

Hike Rating

A- Flat or very gently rolling terrain
B- Moderate hilly terrain
C- Steep hills, scrambles possible

Tuesday Saunter, Sep 1 **10am** **1A**
Stiglmeier Park MARIE SCHILLO 832-1921

Wednesday Evening Mini-Hike, Sep 2 **6:30pm** **4-5 mi** **2A**
Ellicott Creek Trailway MEET: Parking area on North Forest Rd. north of Maple Rd.
DEE McCARTHY 866-1233

OR

Wednesday Evening City Walk, Sep 2 **6:00pm** **4 or 6 mi** **3A**
MEET: St. John Grace Episcopal Church at the corner of Bidwell & Colonial Circle (parallel to Lafayette & Bidwell). We will walk up Bidwell to Chapin Parkway, down Lincoln, around Hoyt Lake and back again. Optional: add 2 miles by walking around the ring road at Delaware Park.
TARA WELTY 852-3090

Friday Evening Riverwalk, Sep 4 **6:30pm** **6 mi** **2A**
MEET: near the Riverwalk across from Mississippi Mudds on River Road, Tonawanda.
CONNIE UMLAND 833-3851

Saturday, Sep 5 **9:30am** **7.5 mi** **2A**
Iroquois National Wildlife Refuge – hike the ski trail.
MEET: refuge headquarters on Casey Road, Town of Alabama. BOB SCHMIDT 433-4546

OR

8:30am **12 mi** **3B**
Finger Lakes Trail/Conservation Trail – Fancy Tract to Hencoop Hollow
MEET: Hencoop Hollow and Route 242. NICK SCARANO – nickmasterson@yahoo.com or call 857-0265 after 9pm.

Sunday, Sep 6 **10am** **10.5 mi** **3B**
Finger Lakes Trail/Conservation Trail – Fancy Tract to Gooseneck Road, Map CT4, Access 1 to 5 MEET: at Gooseneck Road at 10am or carpool from Route 20A & Route 219 Park 'N Ride at 9am. Bring lunch and poles. MARION HANOVER 905-357-2597

Monday, Sep 7 **10am** **6.5 mi** **2B**
Letchworth Branch Trail, Access D to Access A, followed by a Labor Day picnic
MEET: on Sickles Avenue in Mt. Morris, one block south of Route 36 bridge. We will hike this beautiful section of trail with several dramatic overlooks of the Genesee River. The last 2 miles go through Genesee County Park. It is very lovely. Afterwards, we will have a potluck picnic in that very same park. Cheryl will bring the plates, plasticware and cups. Call if you need more specific directions. CHERYL PELUSO 648-9027

Tuesday Saunter, Sep 8 **10am** **1A**
Margaret Louise Park MEET: in plaza lot, Hopkins near Klein. GAYLE SYTY 691-6750

FOOTHILLS TRAIL CLUB
HIKING SCHEDULE
Sep/Oct 2009

Hike Rating	
1- Leisurely pace or Nature walk	A- Flat or very gently rolling terrain
2- Moderate pace	B- Moderate hilly terrain
3- Brisk, steady pace	C- Steep hills, scrambles possible
4- Fast pace	

Saturday, Sep 19 **10am** **11 mi** **2A**

Erie Canal Towpath – Albion to Medina

MEET: at the Canalway Trail sign in Medina. From Buffalo and Lockport, go east on NY #31 through downtown Medina, turn left on State Street, then left on Horan. The sign and parking are on the left immediately after crossing the one-lane bridge. We need at least two vehicles to hike the entire length. AL KARNEY 434-4984

OR **9am** **8 mi** **2B**

Sprague Brook Park

MEET: at X-country ski parking area. This is a well marked hiking/mountain bike trail that traverses ravines and crosses streams. It ends on the other side of the park where the ponds are located. Bring a snack/lunch. We will stop to eat before walking the park road back to the cars. KIM NEULAND 648-9861

Sunday, Sep 20, Bond Lake **10am** **4-5 mi** **2A**

MEET: at parking lot at Bond Lake, Lower Mountain Road, Lewiston.
BOB SCHMIDT 433-4546

OR **4.5 mi** **2B**

Three hikes in Chautauqua County: Rushing Stream Nature Preserve, Arkwright Falls and Canadaway Creek Nature Sanctuary.

All three hikes fall into the category of Nature Appreciation! No rushing through Rushing Stream which "contains a climax forest of beautiful old hemlock, sugar maple, beech, yellow birch and one of the largest (if not the largest) black cherry trees in WNY". The trail here is only about a mile at most. Afterwards, we will drive about 20 minutes to Arkwright Falls. This hike is about 1.5 miles and leads to a pretty cascade on Canadaway Creek. Our third hike, Canadaway Creek Nature Sanctuary, has a nature trail which is also about 1.5 miles in length and provides a good example of stream bottomland habitat. In addition, it is a popular spot for birding during the spring and fall migrations. You may want binoculars for this hike. Wow! What a full day of 'sightseeing'! Bring water, lunch and rain gear. Plan on stopping for coffee and a bite to eat on the way home. Call CHERYL PELUSO for meeting time and place 648-9027

Tuesday Saunter, Sep 22 **10am** **1A**

Mystery Trip Call KATHY LAYNOR 836-4270

Wednesday Evening City Walk, Sep 23 **6:00pm** **4 or 6 mi** **3A**

MEET: St. John Grace Episcopal Church at the corner of Bidwell & Colonial Circle (parallel to Lafayette & Bidwell). We will walk up Bidwell to Chapin Parkway, down Lincoln, around Hoyt Lake and back again. Optional: add 2 miles by walking around the ring road at Delaware Park. TARA WELTY 852-3090

Friday Evening Riverwalk, Sep 25 **6:30pm** **6 mi** **2A**

MEET: near the Riverwalk across from Mississippi Mudds on River Road, Tonawanda.
CONNIE UMLAND 833-3851

FOOTHILLS TRAIL CLUB
HIKING SCHEDULE
Sep/Oct 2009

Hike Rating

1- Leisurely pace or Nature walk A- Flat or very gently rolling terrain
2- Moderate pace B- Moderate hilly terrain
3- Brisk, steady pace C- Steep hills, scrambles possible
4- Fast pace

Saturday, Sep 26, Trail Work South

Contact DAVID POTZLER - dpotzler66@wildblue.net or 949-3295

Sunday, Sep 27, Conservation Trail **10am** **10.4 mi** **2B**
Getman Road to Genesee Road (Route 33)

MEET: Access 6, CT8, on Genesee Road. JAKE KERN 716-735-7302 or j3kern@yahoo.com

OR **9:30am** **4-6 mi** **2A**
Joe Davis State Park

MEET: at Lewiston Senior Center at intersection of Pletcher and River Road (Rt 18F) in Lewiston. Mostly flat. DEBBIE HARDEN 745-9149

Tuesday Saunter, Sep 29 **10am** **1A**

Goat Island & Niagara Falls MEET: north end lot by visitor center.
PAULETTE JUREK 694-6555

Wednesday Evening City Walk, Sep 30 **6:00pm** **4 or 6 mi** **3A**

MEET: St. John Grace Episcopal Church at the corner of Bidwell & Colonial Circle (parallel to Lafayette & Bidwell). We will walk up Bidwell to Chapin Parkway, down Lincoln, around Hoyt Lake and back again. Optional: add 2 miles by walking around the ring road at Delaware Park.
TARA WELTY 852-3090

Friday Evening Riverwalk, Oct 2 **6:30pm** **6 mi** **2A**

MEET: near the Riverwalk across from Mississippi Mudds on River Road, Tonawanda.
CONNIE UMLAND 833-3851

Saturday, Oct 3 **7 mi** **2B**

Finger Lakes Trail – Irish Hill Road to Route 242, Maps M3/M4

Call KATHY FOOTE 675-3989 for meeting time and place.

Sunday, Oct 4 **1pm** **4.5 mi** **2A**

Chestnut Ridge Park

MEET: at casino for a road walk through the park to enjoy fall colors!
PAM & DAVE KAZNICA 823-2568

Tuesday Saunter, Oct 6 **10am** **1A**

Peanut Line Bike Path MEET: lot on Goodrich Road, Clarence.
SANDY WARNER 759-6345

Wednesday Evening City Walk, Oct 7 (pending the weather) **4 or 6 mi** **3A**

MEET: St. John Grace Episcopal Church at the corner of Bidwell & Colonial Circle (parallel to Lafayette & Bidwell). We will walk up Bidwell to Chapin Parkway, down Lincoln, around Hoyt Lake and back again. Optional: add 2 miles by walking around the ring road at Delaware Park.
Call TARA WELTY 852-3090 for meeting time.

FOOTHILLS TRAIL CLUB
HIKING SCHEDULE
Sep/Oct 2009

Hike Rating

1-Leisurely pace or Nature walk A- Flat or very gently rolling terrain
2- Moderate pace B- Moderate hilly terrain
3- Brisk, steady pace C- Steep hills, scrambles possible
4- Fast pace

Friday Evening Riverwalk, Oct 9 **6:30pm** **6 mi** **2A**
MEET: near the Riverwalk across from Mississippi Mudds on River Road, Tonawanda.
CONNIE UMLAND 833-3851

Saturday, Oct 10 - Trail Work North
Contact RICHARD GASTAUER - rgastauer@verizon.net or 839-4644

Sunday, Oct 11 **9am** **12 mi** **3B**
Finger Lakes Trail – Bay State Road to East Bucktooth, Map M2/CT2
MEET: at Red House chapel. Medium fast pace. NICK SCARANO –
nickmasterson@yahoo.com or call 857-0265 after 9pm.

Tuesday Saunter, Oct 13 **10am** **1A**
Isleview Park MEET: lot by bike path. CONNIE UMLAND 833-3851

Wednesday Evening City Walk, Oct 14 (pending the weather) 4 or 6 mi **3A**
MEET: St. John Grace Episcopal Church at the corner of Bidwell & Colonial Circle (parallel to Lafayette & Bidwell). We will walk up Bidwell to Chapin Parkway, down Lincoln, around Hoyt Lake and back again. Optional: add 2 miles by walking around the ring road at Delaware Park. Call TARA WELTY 852-3090 for meeting time.

Friday Evening Riverwalk, Oct 16 **6:30pm** **6 mi** **2A**
MEET: near the Riverwalk across from Mississippi Mudds on River Road, Tonawanda.
CONNIE UMLAND 833-3851

Friday, Oct 16 – FLTC Fall Campout in ASP

Saturday, Oct 17 – FLTC Fall Campout in ASP

Sunday, Oct 18 – FLTC Fall Campout in ASP

Tuesday Saunter, Oct 20 **10am** **1A**
Beaver Island MEET: by casino. CAROL RACEY 693-2274

Wednesday Evening City Walk, Oct 21 (pending the weather) 4 or 6 mi **3A**
MEET: St. John Grace Episcopal Church at the corner of Bidwell & Colonial Circle (parallel to Lafayette & Bidwell). We will walk up Bidwell to Chapin Parkway, down Lincoln, around Hoyt Lake and back again. Optional: add 2 miles by walking around the ring road at Delaware Park. Call TARA WELTY 852-3090 for meeting time.

Friday Evening Riverwalk, Oct 23 **6:30pm** **6 mi** **2A**
MEET: near the Riverwalk across from Mississippi Mudds on River Road, Tonawanda.
CONNIE UMLAND 833-3851

